



MiKK Spring Webinars

24th • 25th • 26th April 2023

MiKK Mediators Sharing Expertise!



Taught by trainers who are themselves MiKK-trained mediators, this Spring Webinar Series offers an international platform for MiKK Cross-border family mediators from all over the world to share their knowledge and expertise in the area of cross-border family mediation and related topics. Tap into the international family mediation knowledge pool!

ABOUT THIS TRAINING

The International MiKK Mediators Network brings together MiKK mediators, experts and trainers of many different cultures, faiths and nationalities. Covering over 35 countries on six continents and offering mediation in 35 languages, the MiKK Network represents a vast pool of knowledge and expertise, particularly in the field of cross-border family mediation and other mediation topics of interest. The Spring Webinars are targeted at MiKK mediators wishing to acquire practical mediation skills, gain new knowledge and exchange ideas and expertise with fellow mediators in three individual workshops on cross-border mediation related topics.

The **MiKK Spring Webinars** are also open to non-MiKK mediators, dispute resolution practitioners, lawyers, judges and guardians ad litem with an interest in intercultural, cross-border mediation who wish to deepen their knowledge and/or acquire new skills in this field.

For **MiKK mediators** the webinars are **free of charge**. Places are limited. Each of the three webinars counts as **3 credit points** towards the MiKK mediators ongoing training requirement.

Non-MiKK participants will receive a **discount** if registering **for all three webinars**.

3 Individual Workshops with Experts from the MiKK Mediators Network

- **Workshop 1: Monday, 24th April 2023, Time: 1.00 p.m. – 4.00 p.m.**
The Art of Non-Violent Communication: A Webinar for Cross-border Family Mediators
Trainers: Mirella Kreder & Gerd Nilsson Eldrimner (Czech Republic, Sweden)
- **Workshop 2: Tuesday, 25th April 2023, Time: 9.00 a.m. – 12.00 p.m.**
The Promise of Transformative Mediation in Cross-border Family Cases: the Advantages & Challenges
Trainers: Dr Suzanne Karsai & Flóra Bacsó (Hungary)
- **Workshop 3: Wednesday, 26th April 2023, Time: 1.00 p.m. – 4.00 p.m.**
A Three Step Guide on How to Handle Domestic Violence in Family Mediation Recommendations by the Association for Family Mediators of Ukraine
Trainers: Svitlana Stadnyk & Jen Rumble (Ukraine, United Kingdom)



Workshop 1: Monday, 24th April 2023

The Art of Non-Violent Communication: A Webinar for Cross-border Family Mediators with Mirella Kreder & Gert Nilsson Eldrimner

Workshop Description

Have you made the experience that communication can get stuck? How about if we told you, that, more often than not, there is a way out?

This MiKK training on Non-Violent Communication (NVC) aims to support not only mediators in their mediation practice, but all those who want to improve their interpersonal relationships, reduce stress or improve communication in their daily interactions. The webinar will cover the relevant principles of NVC in theory, while leaving room for a practical and interactive approach, including activities and working with the participants experience. You will be introduced to methodologies and learn what Non-Violent Communication entails, how it can help you in your work, and what a huge role it plays in our daily life.

This interactive webinar will be conducted by an international team of two experienced mediators and multi-disciplinary trainers, Gert Nilsson Eldrimner (Sweden/Denmark) and Mirella Kreder (Czech Republic/Germany). Both will share their experience and knowledge, thereby making this webinar a valuable contribution to your skillset, providing you with important tools and deeper understanding

Webinar Trainers

Mirella Kreder



Mirella Kreder has a longstanding extensive career in communication. After graduating in International Business Administration from the DHBW Mannheim, Germany, in 2006, Mirella became involved in relationship and complaint management, leadership consulting and team building, while working for over 10 years for the EnBW AG. She obtained her Masters (Sc.) in Business and Organisational Psychology from the Euro-FH Hamburg University of Applied Sciences.

Mirella then qualified as a mediator, specialising in cross-border disputes, business, workplace and family mediation, including highly escalated child abduction cases. Mirella has been cooperating with MiKK for a number of years: she is a CBFM-trained MiKK Mediator and is part of the International MiKK Mediators Network.

A native German, Mirella has been living abroad in several places (e.g. Belgium and UK) and has been working over a decade in the Czech Republic, where she established herself as independent (business

and organisational psychology) consultant, facilitator, trainer and coach in the fields of effective communication, conflict management, organisational change and self-development - practising locally, internationally and multilingually.

In her work she aims to highlight the importance of emotions and emotional intelligence, the understanding of the self and others and of cultural aspects. She also engages in peace building and building bridges in highly conflictual contexts.

Mirella co-authored the chapter on Intercultural Aspects of Mediation in the publication "Mediation" (by Ulrich Wanderer) and she guest-authored the chapter on the role of communication in life and business in the publication "From No Time to Free Time" (by Christoph Nauer).

Mirella continuously studies the general and trend-based dynamics of communication processes and influences. She firmly holds the belief that even in the greatest complexity of our personality, in the end it all boils down to non-violent communication (no pun intended!).

More about Mirella:

www.linkedin.com/in/mirellakreder

www.consultandresolve.com

info@consultandresolve.com

Gert Nilsson Eldrimner



Gert is a member of the Swedish Bar Association ("advokat") and a full-time mediator, living in Stockholm, Sweden, and in Copenhagen, Denmark. He launched his own law firm in 1994, specialized in commercial law, employment law, labour law and construction law. Gert mediates in commercial, workplace, construction and family conflicts and disputes, mainly in Sweden but also abroad. Online and offline. To Gert mediation is not a job, it is a passion!

Gert trained as a CBFM MiKK Mediator and is part of the International MiKK Mediators Network. In addition to his work as a mediator Gert teaches mediation at Copenhagen University ("Mediation in Legal Contexts" and "Konfliktmægling"), holds mediation courses (commercial mediation, workplace mediation, family mediation and Nonviolent Communication, NVC), and gives speeches on mediation in Sweden and abroad (e.g. Croatia, Czech Republic, Denmark).

In 2013 Gert co-founded the Swedish Institute for Mediation and has founded the Swedish Section of GEMME, the European mediation association mainly for judges (but also for lawyers).. In 2020 Gert started the network "Svenska Medlare" ("Swedish Mediators") for commercial mediation purposes, both in national and cross-border disputes. In 2021 he started a mediation network "Medlingskollegiet" ("Mediation College") - for members of the Swedish Bar Association and their associates. At present the latter network consists of 160 members. Gert has initiated and arranged mediation seminars, twice in the Parliament of Sweden (2017 and 2019) and twice in Copenhagen once at the Confederation of Danish Industry, Copenhagen (2019).

All of Gert's professional life has been about managing conflicts and disputes, first as a police officer, then as a law clerk in court and later as a lawyer and mediator.

The past several years Gert has mediated more than 200 conflicts and disputes, for more than 5,000 hours. When Gert mediates online (mostly by Zoom, but also Skype, Facetime, WhatsApp and other platforms) and face-to-face.

Date & Time of Workshop 1 Online by ZOOM:

**Monday, 24th April 2023,
1.00 p.m. – 4.00 p.m. CET (Berlin Time)**

Registration fee:

MiKK Members: free of charge

Non-MiKK Members: 20€

A discount also applies if registering for all three workshops.

Workshop 2: Tuesday, 25th April 2023

The Promise of Transformative Mediation in Cross-border Family Cases: the Advantages & Challenges with Dr Suzanne Karsai & Flóra Bacsó

Workshop Description

Transformative mediation is rooted in a profound philosophy: the firm belief that at our core, we humans are very much alike and all have two essential needs. One is to feel our own autonomy, the power and capacity to make our own decisions and own choices. We need empowerment for that. The second is to feel connectedness, to feel that we belong and that others take us into consideration just as much as we take them into consideration. We need recognition for that.

In conflict, these essential needs are not met, especially in conflicts within our close relationships, where the stakes are high and strong emotions are likely to arise. Conflict is therefore perceived as a crisis in the interaction and very rarely are agreements achievable in this state, let alone lasting ones.

Transformative mediators therefore believe that the mediator should first support the parties to deal with the crisis: empowerment and recognition are the key words. Giving back the conflict to the parties and facilitating a process where they feel empowered, recognized, competent and have agency is an effort that supports long term agreements effectively. An agreement – or at least the potential of an agreement – is an additional benefit, but not the goal per se.

How does empowerment and recognition work in practice? What tools does a transformative mediator have? How could mediators help parents in a cross-border family case to feel empowered, which in turn would lead them to be able to recognize the other parent as a competent co-parent? How could the interests of the child be brought in via this model?

During this interactive workshops involving working in small groups, participants will get to:

- explore ways to help parties see themselves and each other as competent actors of the divorce process,
- explore different ways how children's interest can be talked about and represented without burdening them,
- find questions that help to explore the nuances that move the mediation process forward

Webinar Trainers

Dr Suzanne Karsai



Suzanne is an accredited mediator, lawyer and trainer in Luxembourg and Hungary.

She is a firm believer of mediation being not only a profession but also a philosophy of life in general. With this profound conviction comes her natural preference for the “transformative mediation model” which relies on the capacity of the parties to overcome the crisis in their interactions – because they are empowered and resilient enough to do so and realize their need for connection to the other party, recognized in their humanity.

Suzanne is also the co-founder of the Positive Psychology Association of Luxembourg, co-creator of several Resilience and Well-being programmes for adults, currently studying the adaptability of Positive Psychology interventions in the process of mediation.

At the Ministry of Justice of Luxembourg she is in charge of the files on alternative dispute resolution (mediation, restorative justice) giving her an insight on the legislative context of the domain.

In 2022 she became a member of the MiKK network as a certified mediator for cross-border family cases.

You can find out more about Suzanne on her webpage: www.vkzmediator.com

Flóra Bacsó



Flóra is an accredited mediator and facilitator of restorative practices from Hungary, a professional of conflict resolution, parent support and stress management with a background in education.

As an expert in conflict resolution, she is a firm believer that “in tension lies opportunity”: an opportunity to express our needs, set our boundaries, change what no longer serves us and to re-connect with ourselves and others. Given her approach to conflict and her conviction that the parties are the best experts of their own conflicts she also naturally adheres to the “transformative mediation model” in her practice.

Flóra is also an accredited Hand in Hand Parenting instructor, a US-based trauma-informed approach, helping parents to enjoy parenting more, to connect with themselves and their children more, and feel that they are not alone. Just like in the “transformative mediation model”, recognition and support are key, together with some very practical methods and tools that can be used on a daily basis. Flóra furthermore collaborates with Partners Hungary Foundation, providing

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mediation and training services. She has been the co-creator of several training programmes on harassment, bullying, assertive communication and restorative practices.

You can find out more about Flóra on her webpage: www.megbeszeljuk.hu

Date & Time of Workshop 2 Online by ZOOM:

Tuesday, 25th April
9.00 a.m. – 12.00 p.m. CET (Berlin Time)

Registration fee:

MiKK Members: free of charge

Non-MiKK Members: 20 €

A discount also applies if registering for all three workshops.

Workshop 3: Wednesday, 26th April 2023

A Three Step Guide on How to Handle Domestic Violence in Family Mediation Recommendations by the Association for Family Mediators of Ukraine with Svitlana Stadnyk & Jen Rumble

Workshop Description

Statistically, a quarter of all families worldwide have experienced domestic violence in different forms: physical, sexual, emotional, economic or psychological actions or threats of actions in relationships that are used to gain or maintain power and control over an intimate partner. In international parental child abduction cases, too, allegations of domestic violence are not uncommon and therefore MiKK mediators may frequently encounter this issue when mediating these cases.

Providing mediation to families where signs of domestic violence are evident but where the mediator is not aware of this and/or does not possess the tools required to handle such cases, may result in a number of unfavourable outcomes, such as for example:

- a new cycle of domestic violence,
- reaching agreements that will not last, and
- higher risk to the victim's health and life.

To address this and equip mediators with the required tools to handle such cases, the Association for Family Mediators of Ukraine presented its recommendations on *"Domestic Violence. How a Family Mediator Should Act"* in 2021.

During this workshop we will explore:

- ✓ International legal regulations and free awareness resources on Domestic Violence;
- ✓ How to assess domestic violence;
- ✓ What should the mediator do if signs of Domestic Violence are apparent;
- ✓ What steps should family mediators consider to make mediation efficient and safe in cases with domestic violence.

This interactive workshop will give family mediators a 3-step guide of actions for working with families with domestic violence as well as provide a critical analysis of this guide that will allow mediators to build their own plan of actions in accordance with available services and/or court litigation in their country.

Webinar Trainers

Svitlana Stadnyk



Svitlana is a co-founder, the first President and Member of the board of the Association for Family Mediators of Ukraine (AFMU).

She is an experienced family mediator and a mediator for Hague Convention Cross-Border Child Abduction cases certified by MiKK e.V. Svitlana also is a mediation trainer at KROK Business School and an honorary member of National Association of Mediators of Ukraine.

Svitlana is a co-author of Recommendations for Family Mediators on how to act in cases with signs of domestic violence. Svitlana is now based in the UK and is a certified family mediator by UK standards which gives her additional perspective on addressing domestic violence in family mediation.

Jen Rumble



Jen is an accredited practicing family mediator in the UK, a professional practice consultant (PPC) and a family mediation trainer. She runs a family mediation practice called Jen Rumble Family Mediation with offices in Greater Manchester and Cheshire, and an outreach office in London.

Jen provides all types of family mediation related to child arrangements, financial matters, international family disputes, as well as child inclusive mediation, both to privately paying clients and those funded by the Legal Aid Agency.

Her teaching experience includes training family mediators in the UK, Ukraine, Belarus, Russia, Kazakhstan and Kyrgyzstan, and covers all topics related to professional standards and experiences of a family mediator. Jen is an Honorary Member of the Family Mediators Association of the Ukraine and an invited expert of Recommendations for Family Mediators on how to act in cases with signs of domestic violence.

Date & Time of Workshop 3 Online by ZOOM:

Wednesday, 26th April
1.00 p.m. – 4.00 p.m. CET (Berlin Time)

Registration fee:

MiKK Members: free of charge

Non-MiKK Members: 20 €

A discount also applies if registering for all three workshops.



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(Please type directly into this form)

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Additional Information:

- I am a MiKK Member (webinars are **free of charge**)
- I am **not** a MiKK Member (€ 20 per webinar)
- I am **not** a MiKK Member and wish to register **for all 3 Webinars** (a discounted fee of € 50 applies)

Name and surname: _____

Address: _____

Postcode and city: _____

Phone number: _____

Institution/Authority: _____

Profession: _____

E-mail: _____

Date: _____ Signature: _____

(Typing your name here & returning this form by e-mail will be accepted as your signature)

Please return your completed registration form to: training@mikk-ev.org

or send it by mail to: MiKK e.V., Fasanenstr. 12, 10623 Berlin, Germany

This programme may be subject to change

If you are an expert on a particular topic and would like to share this in a MiKK Webinar then please get in touch! training@mikk-ev.org



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